

ACTIVITY GUIDE

Matt Wehling – Bow Maker:

Writing/Essay/Journal

Matt Wehling meticulously makes custom violin bows by watching and listening to a musician play their instrument to discover what would work best for them. He works on one bow at a time in order to focus his attention. Write about something you do which requires careful work, concentration, and uses tools. Do you bake, garden, dance, create videos, design clothes? Remember, tools aren't limited to hammers and screwdrivers!



Activity

Now do the activity you wrote about. As you do the activity, focus your attention on perfecting each step and see if, without distractions, your finished product is better than usual.

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